

**'Skeeters:' Simple tips to keep the pests at bay.**  
see page 3



**Outdoor Adventure Center has plenty to stay busy.**  
see page 10



## Gaston sweeps Station, Frances on the way

By Bart Jackson  
Navy Charleston Shoreline

The importance of being prepared for hurricane season was never more apparent than last weekend when Tropical Storm Gaston came ashore just north of Charleston. If you had your hurricane supply kit, you were ready; otherwise you probably were caught with your guard down.

Gaston formed offshore and came to town Sunday morning with hardly any advance warning. On Station, trees fell on power lines, fences and cars. Seven Public Works personnel remained on Station during the storm under the direction of Chief Warrant Officer Robert Bryant, Public Works Center Charleston operations officer, who had been on Station focusing his attention on the storm since Friday evening.

"Preparations we had made on the Station for hurricanes Bonnie and Charley helped us with Gaston," said Bryant, who added that during hurricane season everyone on Station should track all weather activity. "Even if one is in the far distance, we have to keep our eyes on it and be ready. They can surprise us, even on a weekend."

Bryant praised the PWC utilities team and production department personnel who came in during the weekend to make the necessary preparations, along with waterfront operations. "Larry Gailbraith, Darryl Deneaux and those folks did a phenomenal job," he said.

After the storm passed, Seabees, power crews and grounds maintenance contractors worked to restore power and clear debris. A team of engineers and structural experts from Southern Division, Naval Facilities Engineering Command was dispatched to Short Stay, the Navy's recreation area, which was hit hard with waves of water from Lake Moultrie and high winds. By Wednesday, it was business as usual on the Station, which included making necessary preparations for Hurricane Frances.



photo by JO2 Christal A. Bailey

**DT1 (SW/AW) Charles Mewshaw and his son Andrew pick up debris from their yard in Housing Aug. 30 after Tropical Storm Gaston hit Naval Weapons Station Charleston Aug. 29. Gaston left the Station with many fallen trees and power lines.**

rations for Hurricane Frances.

The Station breathed a sigh of relief as Hurricane Charley brushed the coastline, so no one really took Gaston seriously, but as you tried to navigate your way around downed power lines and toppled trees, you got to see first hand the power of nature's fury.

According to Bryant, the Station will be ready

for Frances. "The storm may not affect our area until Monday, by Friday evening, the Station will be ready to go to Condition of Readiness 1 for Frances," he said.

As the hurricane season continues, all eyes on Station are now on Hurricane Frances. Take the time now to prepare, and be ready in the event of a catastrophe.

## Galley receives nomination for top award

By NWS Galley PAO

The Naval Weapons Station Charleston Galley continues its winning ways by attaining a fourth consecutive Five-Star Accreditation for 2004.

The Five Star Accreditation is a prerequisite to the Captain Edward F. Ney Memorial Award competition, traditionally one of the most difficult food service achievements to attain in the Navy.

"The Ney is the ultimate in food service excellence," said Senior Chief Culinary Specialist (SW/AW) Dexter Green. "We work hard here in the Galley to provide the best possible service to our customers. These awards and accolades serve to validate the hard work that we put in on a consistent basis. We know that we're the best, and soon the entire Navy will know."

Established in 1958 by the

Secretary of the Navy and the International Food Service Executives Association (IFSEA), the Captain Edward F. Ney Memorial Award recognizes quality food service in the Navy. The award is named for one of the pioneers for procurement of food for the United States Navy and Ney is credited with contributing greatly to the high morale, comfort and well being of Navy personnel.

"Excellence is stressed here

time and time again," said Culinary Specialist Second Class (SW/AW) Scott Lewis. "Teamwork has been key in our success. Everyone knows they are part of a team that will support them through any endeavor. We strive to make ourselves better thus making the team better. Our goal is to win the Ney, and we will achieve our goal."

The Five-Star NWS Galley is  
see Galley page 8



## Naval Weapons Station Charleston



### Mission

*To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.*

Commanding Officer

**CAPT Robert M. Zalaskus**

Executive Officer

**LCDR Wesley S. Smith**

Business Manager

**Rita Schmitt**

Command Master Chief

**CMDMC(SS) Tim Domrose**

### About the Shoreline

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### Deadlines

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### Editorial Staff

Public Affairs Officer

**Susan Piedfort**

Deputy Public Affairs Officer

**JOCS Scott Bassett**

Leading Petty Officer/Editor

**JO2 Christal A. Bailey**

Reporter/Graphics and Design

**Bart Jackson**

### Publisher

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# Shakespeare comes to Weapons Station

By NWS Publicity Department

The internationally renowned Alabama Shakespeare Festival (ASF) will bring its touring production of William Shakespeare's Macbeth to Naval Weapons Station Charleston for two live performances only, Sept. 17 and 18 at 7 p.m.



Photo by Phil Scarsbrook

**Kathleen McCall plays Lady Macbeth during a recent performance.**

The play is free and will be held at the WPNSTA Gymnasium (building 725, MenRiv Plaza) on Jefferson Avenue.

Macbeth takes a heart-pounding journey through the natural and supernatural, as a Scottish military hero is tempted with ultimate power. ASF Artistic Director Kent Thompson believes the spectacle and the story of Macbeth will thrill the troops.

He explains, "We watch two of the best and brightest (Lord and Lady Macbeth) decide to seize power through murder and deception. In doing so, they unleash a furious evil into their world."

Macbeth is a harrowing lesson in our attempts to seize ultimate power and control our destiny. It's also a fascinating study in the self-creation of a tyrant. It suggests that moral principles must never be compromised for power or ambition."

A groundbreaking partnership between the Department of Defense (DoD) and the National Endowment for the Arts (NEA) is funding ASF's tour to

13 military bases nationwide. This performance is part of the National Endowment of the Arts' Shakespeare in American Communities initiative. NEA Chairman Dana Gioia selected the Alabama Shakespeare Festival for the program because of its reputation for producing exciting, high quality productions of Shakespeare.

Don't miss seeing one of these exciting performances of Macbeth. The play is open to all hands of Naval Weapons Station Charleston and its tenant commands (active duty, reservists, retirees, DoD civilians and contractors, and their family members and guests).

Although the play is free, you must have a ticket for admission. Free tickets are available at the Liberty office (building 206, NNPTC Circle) and at the ITT office on Fletcher Street (building 1700, across from Cap'n Robert's Dive).

For more information, call the Liberty office at 764-7002. You can find more information about the Alabama Shakespeare Festival online at [www.asf.net](http://www.asf.net).

# Registration deadline for November general election approaching fast

By Journalist 1st Class Teresa Frith

### Navy Personnel Command Communications

With the Nov. 2 general election just weeks away, Navy voting officials are working hard to ensure every Sailor, Navy family member and civilian employee is contacted, given the opportunity to register to vote, and can cast a ballot by Election Day.

Sept. 3-10 is Armed Forces Voter Week, and is the last big push to get all Sailors registered to vote in their home states.

It is recommended that absentee voters be registered at least 45 days prior to an election so that ballots reach voters quickly, enabling them to complete their ballot and mail it back in time to be counted. However, sooner is better than later when mailing in the Federal Post Card

Application (FPCA).

An online version of the FPCA is available at [www.fvap.gov/pubs/onlinefpc.html](http://www.fvap.gov/pubs/onlinefpc.html). The Web site also offers a link to the rules and regulations unique to each state or U.S. territory, and the form must be filled out according to the rules of each state. Some states allow residents to fax in the form to expedite the ordering of an absentee ballot, but one must still mail in the hard copy so that they will have a signature copy on file.

Under the Uniformed and Overseas Citizens Absentee Voting Act, any Sailor or their family member can vote absentee through their home of record, even if they are not stationed there. While it is not necessary to be physically present in the state that one votes in, one must be a resident of that state to vote.

Military members can

choose to vote absentee in their current state of residency, or they can also decide to register to vote in whatever state they are stationed in. However, the decision on where to register to vote may affect state of residency.

"Sailors can by virtue of their PCS [permanent change of station] orders choose to vote in whatever state they are stationed in," explained Lt. Cmdr. Mark Lofton, Navy Voting Assistance Program officer, Navy Personnel Command. "But be careful, as once you choose to vote in a state, that makes it your new state of legal residence. For example, if your legal residence was previously in California and you are now stationed in Florida, you could choose to register and vote in Florida, but you would lose your residency in California if you did so."

Overseas voters can also use the Federal Write-in Absentee Ballot (SF 186) if the regular state ballot is not received in time. In some circumstances, the SF 186 can also serve as a last minute back-up for a state absentee ballot.

More information can be found by checking each state's rules and regulations, or by speaking with a voting assistance officer.

Military voters can find a wealth of information and forms at the DoD voting Web site located at [www.fvap.gov](http://www.fvap.gov), as well as Navy voting website at [www.bupers.navy.mil/nvap](http://www.bupers.navy.mil/nvap).

For additional questions, contact the Naval Weapons Station Charleston VAO, LT Rodney Boyd at 764-7261.

For related news, visit the Navy Personnel Command Navy NewsStand page at [www.news.navy.mil/local/npc](http://www.news.navy.mil/local/npc).

# Mosquitoes pose danger, transmit disease

By Bart Jackson

Navy Charleston Shoreline

*Editor's Note: This article is the first of a two-part series focusing on the Station's mosquito control efforts.*

They don't call them pests for nothing. Living in the Lowcountry, we know all too well the dangers of mosquitoes. Aside from being a general nuisance, mosquitoes can transmit several diseases, such as Eastern Equine Encephalitis, West Nile Virus and heartworms to your pets.

With a little bit of common sense and prevention you can make your home and yard more enjoyable for family and pets.

There are three different breeding areas for mosquitoes: standing water, temporary ponds and salt marshes. According to Terrence Larimer, NWS

Environmentalist, standing water breeding grounds are the only type that can be effectively treated by the homeowner.

"Mosquitoes just love standing water, so ridding your yard of all standing water, such as old tires, bird baths and boat covers, is a great place to start," said Larimer.

The other two aspects are treated by way of abatement teams that spray pond and marshes via aerial spraying and ground crews.

In addition to being a general nuisance to humans, mosquitoes pose a serious threat to the life and well being of your pets. They are a prime carrier of heartworm disease for cats and dogs. Heartworms are a serious and potentially fatal disease affecting the heart and adja-



**A mosquito bites an unsuspecting victim. Mosquitoes are known to carry various diseases.**

cent vessels of a dog or cat. When a mosquito bites an infected animal, it ingests microfilariae (microscopic worms). These young worms are in the saliva of the mosquito. When that mosquito feeds on an uninfected animal, the microfilariae are transferred into the bloodstream infecting the bitten dog or cat.

The Weapons Station Public Works team, working in tandem with the Charleston County Mosquito Abatement

and Naval Hospital Charleston, are waging a day-to-day battle to reduce the mosquito population here on Station. And with the life cycle of a mosquito at only seven days from larvae to adult, there are plenty of mosquitoes out there to be dealt with.

So keep your home "skeeter free" by following the helpful guidelines printed here. Your family and your pets will love you for it.

## HELPFUL HINTS

- \* Keep yard clean and mowed.
- \* Fix leaking faucets.
- \* Keep gutters clean.
- \* Empty any containers that hold water such as cans, bottles and potted plant saucers.
- \* Fill tree holes.
- \* Remove old tires.
- \* Maintain swimming pools.
- \* Change birdbath twice a week.



## Around the Station



photo by JO2 Christal A. Bailey

CSCS Derox Duque presents Naval Weapons Station Charleston commanding officer, Capt. Robert M. Zalaskus the Zumwalt Five Star Accreditation Aug. 31. The award is given for excellence in Bachelor Housing management. The Station won for the fifth consecutive year in a row, and is the only CONUS naval barracks to achieve five straight awards. From left, CSC Bryon French, Bob Ladue, SHCS John Grimes, and (right) John Forsythe also attended the presentation.



photo by NWS Chapel

RPC (SW) Ron Roberts barbeques a pig during the Naval Weapons Station Charleston's Chapel Picnic Aug. 22. The chapel holds an annual picnic for Station personnel. According to Roberts, the chapel smoked more than 80 pounds of pork, burgers and hot dogs.





MWR file photo

Children take part in one of Morale, Welfare and Recreation's Youth Center karate classes. Karate classes are held every Monday and Wednesday from 6 to 8 p.m. The classes are open to children and adults, and are \$25 per month. For more information call, 764-7809.



photo by JO2 Christal A. Bailey

**'This is a drill...'**

A Naval Weapons Station Charleston firefighter works his way through smoke after a simulated explosive device was found in the back of a smoking van. The scenario was part of a weapons of mass destruction drill on Station Aug. 19. Along with base and local firefighters, Station security personnel and police worked to secure the area. The drill was part of the Station's ongoing program to train personnel in the event of terrorism.

**COOL CARS...HOT CHILI**

**CALL FOR ENTRIES**

**CHILI COOK-OFF AND CAR SHOW!**

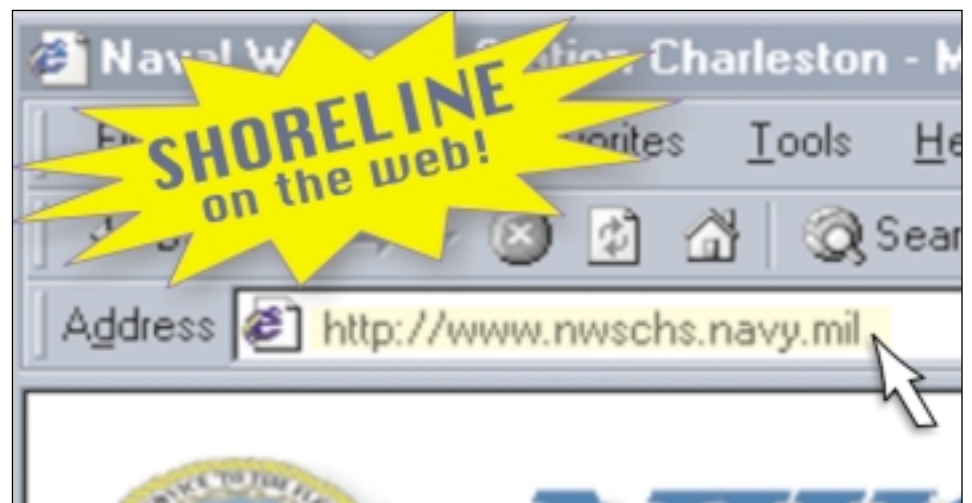
**OCTOBER 2, 2004**

**MARRINGTON PLANTATION**

**WIN YOUR SHARE OF \$500 IN PRIZE MONEY IN THE CHILI COOK-OFF!**

**GOT A COOL CAR? REGISTER IT IN THE BIG CAR SHOW! TROPHIES WILL BE AWARDED IN MANY CATEGORIES!**

**Call The Liberty Office At 764-7002 For More Information.**







**Attention all motorheads:**  
Want to show off your ride? In conjunction with MWR's upcoming Chili Cookoff and Car Show the Shoreline wants to feature your wheels in a future edition. Send your vehicle's picture in .jpg format to [shoreline@navy.mil](mailto:shoreline@navy.mil). Don't have a picture? Call 764-4094, and we'll take it for you.

# Exam dates change

The dates for the third class petty officer has changed from Sept 16 to Sept. 14 in observance of the Jewish faith holiday Rosh Hashanah.

The September 2004 Navy-wide exam for petty officer second class will be administered Sept. 9.

All exams will be administered in the SPAWAR Conference Center, Bldg. 3112 with the following exception: NNPTC and NPTU E-5 candidates will take the exam at their command. All candidates must be in their seats by 7 a.m. on their exam day.

All candidates must make every effort to verify and sign worksheets prior to the exam with the exception of NNPTC and NPTU students.



**Information & Referral (I&R)**  
Do you know where the FFSC is located? What baby classes do the base offer? What do I do if I am raped? Do you want to volunteer in the schools as a mentor, teacher or office assistant? Call to volunteer on or off base. Call 211 to volunteer for the "Day of Caring" Sept. 10 or visit [www.tuw.org](http://www.tuw.org). Give us a call at 764-7294. If we don't know, we will research for the answer!

**Counseling Services**  
Is your career stressing you? Want to join a group to talk and learn together? Do you want to improve your family life? Want to feel better about your goals? Just call and make an appointment for our free counseling! We have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our free and confidential services. Call 764-7294 for an appointment.

**Do you know your Command Family Ombudsman?**  
Ombudsman Appreciation Day is Sept. 12, 2004. If you know your ombudsmen tell them thanks! Ombudsmen are your command family information and referral people. A command family ombudsman is there to answer questions or refer you to the correct resources. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or Tommie Provost, 764-7294, ext. 48, to find the name of your ombudsman.

**Base Orientation**  
Base Orientation is held at the Community Center on Fletcher Street or anyone new to area. It is Sept. 24 at 9 a.m. There is a lot of great base information for all, single and married, active duty personnel and spouses. Any branch of the service can attend. This is free. Come see if you win a door prize. For more information call 764-7294.

**Training Wheels class**  
Do you have a toddler? Do you have one that is trying to be a little independent? Come to our class and learn with everyone how to manage these little ones. This class is free. For more information call 764-7294, ext. 30.

WORKSHOP	DATE	TIME
<i>Sign up for any of these workshops at the FFSC or call 764-7294.</i>		
Advanced Resume Writing	Sept. 8	1:30 p.m.
Anger Management	Sept. 14	1:30-4 p.m.
Baby Basics	Sept. 14	9-12 p.m.
Base Orientation	Sept. 23	9 a.m.
Family Affair	Sept. 21	9-12 p.m.
Job Fair	Sept. 24	12-2 p.m.
Pre-separation Counseling	Monthly	
Playmornings	Every Wed.	9-11:30 a.m.
Spouse Orientation	Every Tues.	10 a.m.
Stress Management	Sept. 21	1-4 p.m.
Volunteer Opportunities	Mon.-Fri.	8-4 p.m.

Can't find what your looking for here?

Visit FFSC on the web at...

[www.nwschs.navy.mil](http://www.nwschs.navy.mil)



# Galley honored with accreditation

*continued from page 1*

in the window for Ney inspection. The process has changed from last year, making it more difficult to win the Ney Award. Only one CONUS

galley will be selected this year.

The winner is chosen through an intense selection process held by Chief of Naval Installations (CNI) to narrow down the candidates to five galleys throughout CONUS. Then,

NAVSUP in conjunction with IFSEA will choose one galley from the CONUS bracket. The grading criteria remains food service records, sanitation, equipment maintenance, inventory validity, food quality, customer service and crew support.

"We were able to place runner-up in the last Ney competition," stated Lieutenant Anthony Lopez, food service officer. "The stakes are a lot higher now. There is only one galley for the entire CONUS region," he added.

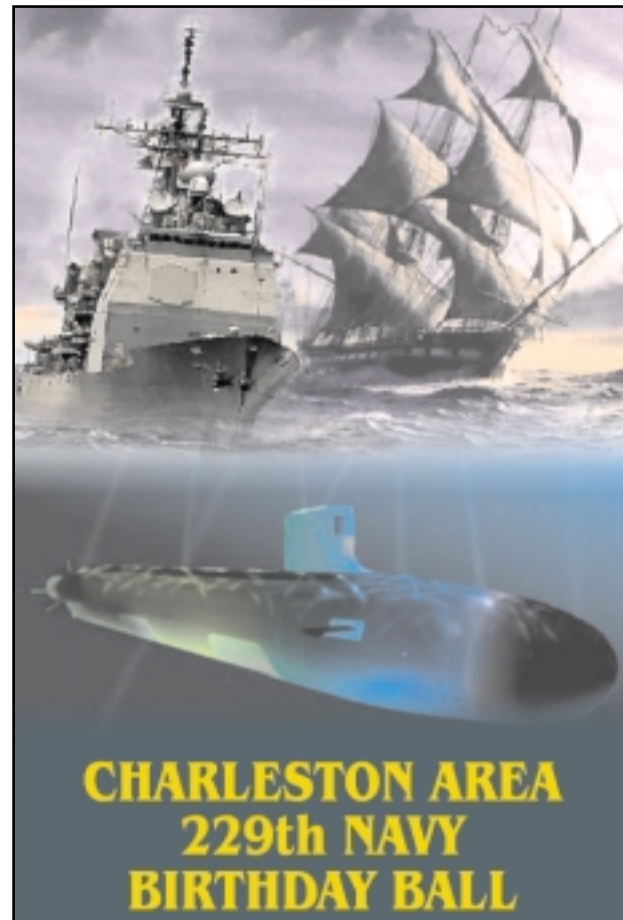
"I have complete confidence that the Sailors and Goodwill employees that we have working here will win the competition. Goodwill employees continue to provide the highest quality service. They are an invaluable asset which I feel will tip the scales in our favor," said Lopez.

Galley personnel are poised to go into one of the stiffest competitions in the Navy, already having attained their fourth consecutive Five Star ranking. Results will be announced in February 2005. Regardless of the outcome, the Galley will still be dedicated to providing the utmost quality in food service.



photo by JO2 Christal A. Bailey

**Goodwill employee Rudy Bendanilla prepares lunch at the Naval Weapons Station Rainbow Row Galley. The galley was recently awarded the Five Star Accreditation.**



## Navy Ball 2004

The 2004 Navy Ball will be held Oct. 16 at the North Charleston Convention Center at 6 p.m. Dress is service dress whites or better. Tickets are on sale at the IIT office for \$35 each. Contact your command representative for reduced prices. Tickets are limited.

## Administration rates SPAWAR Small Business Program outstanding

**By Marsha Hassell  
SPAWAR Public Affairs**

With 80% of its funding going to small and mid-sized, businesses SPAWAR Charleston's small business program has earned an award for excellence from the Small Business Administration (SBA).

The rating was the first ever "outstanding" given by the Small Business Administration to any agency. The SBA will formally presented the award on Sept. 2 at the Small and Disabled

Veteran Business conference being held at the Charleston Air Force Base.

SPAWAR Charleston attributes its success to the aggressive and innovative strategies implemented by Ann Howell, small business program Manager, and contracting department personnel. SPAWAR Charleston's use of small business firms is an integral part of its business plan and contracting strategy.



Compliance with small business requirements and procedures is ingrained in their processes for awarding and managing contracts. Solid teaming between the technical departments and the small business, and contracts offices in support of SPAWAR Charleston's Small Business Program also resulted in success.

SPAWAR Systems Center, Charleston is a leading edge, network-centric Navy engineering center that designs, builds, tests, fields, and supports many of the finest frontline command, control, communications, computers, intelligence, surveillance, and reconnaissance (C4ISR) systems in use today, or planned for the future. SPAWAR has locations in Jacksonville and Pensacola, Fla.; Washington, DC.; Norfolk, Va.; Europe and the Middle East.

For more information about SPAWAR Systems Center, Charleston visit at [www.ssc.spc.navy.mil](http://www.ssc.spc.navy.mil).



photo by JO2 Christal A. Bailey

**Cdr. Brett Reissener, commanding officer of Explosive Ordnance Disposal Mobile Unit Six (EOD-MU 6), (right) talks to members of the Charleston, Berkeley and Dorchester councils of the Metro Chamber of Commerce during a tour of his facility. Naval Weapons Station Charleston hosted more than 30 members of the councils Aug. 19. The information session included briefs on the chamber's Military Relations Council, Naval Weapons Station, 841st Transportation Battalion, Space and Naval Warfare Systems Center, Air Force 437th Airlift Wing and Air Force Reserve 315th Airlift Wing. The chamber members also toured the the Station before making a stop at EOD-MU 6.**





## Check out the Outdoor Adventure Center

Stop by the Outdoor Adventure Center (OAC) for all of your outdoor recreational needs. You'll find an array of outdoor rental items including campers, tents, jon boats, mountain bikes, canoes, kayaks and much more.

In addition, the retail area has a wide assortment of outdoor items ready for purchase such as sleeping bags, backpacks, sunglasses, fishing poles, lures, bait, maps of local waterways, rock climbing gear, knives, hats, shirts, belts, hiking bags, bug spray, trailer balls,

disposable cameras and more.

While at the Outdoor Adventure Center, give a try at climbing the 30-foot tall climbing wall. The cost is \$2 per climb (daily passes as well as monthly and yearly memberships for the climbing wall are also available).

Hours of operation for the Outdoor Adventure Center are: Monday-Friday, 10 a.m. to 7 p.m.; Saturday, 8 a.m. to 6 p.m.; and Sunday, 1 to 6 p.m.

The Outdoor Adventure Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Stop by the Center today or call 764-2122 for more information.



The Outdoor Adventure Center is located on Fletcher Street across from Cap'n Robert's Dive.  
photo by Bart Jackson



photo by Bart Jackson



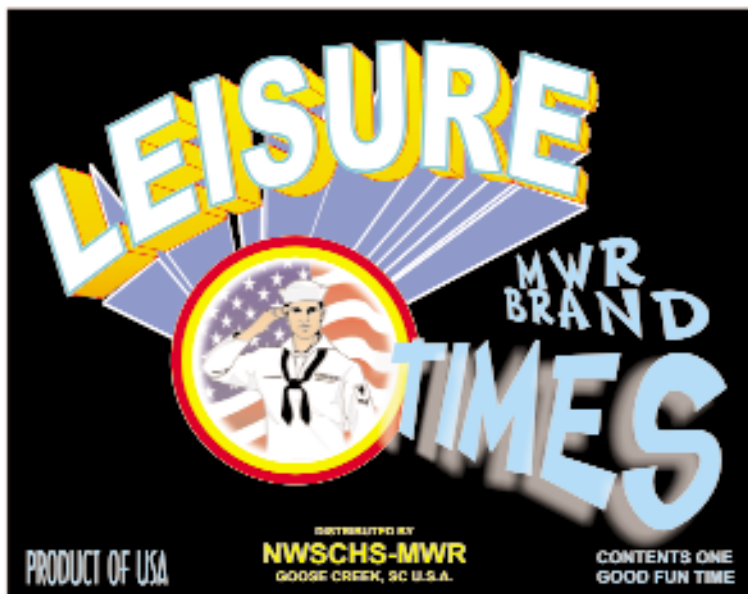
Two Sailors scale the climbing wall during OAC's Grimey Gripper climbing competition. The next class will be held Sept. 23 from 5 to 8 p.m. The cost is \$12. Deadline is Sept. 21.  
MWR file photo



photo by Glenn M. Cox

Above, left, adventurous riders take part in one of the Outdoor Adventure Center's Marrington Plantation bike rides. Take part in the OAC's next bike ride Sept 2 and 23 5:30 and 7 p.m. If participants need a bike, one will be provided. Meet at the OAC at 5:30 p.m. Signup deadline is Sept. 7 for the Sept. 9 ride and Sept. 21 for the Sept. 23 ride. Cost is free.



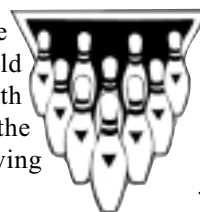


## Morale, Welfare and Recreation

[www.mwr.nwschs.navy.mil](http://www.mwr.nwschs.navy.mil)

### League bowlers wanted at Marrington Lanes

It's not too late to sign up for winter league bowling at Marrington Lanes. Leagues will be held throughout the week for men, women, seniors, youth and everyone in between. Bowling will start the week after Labor Day, so sign up for the following leagues today:



- Turbo (Mixed)--Monday, 7 p.m.
- League Opening--Tues., 6:30 p.m.
- Menriv Originals (Women)--Weds., 9 a.m.
- Fleet Reserve Assn. (Mixed)--Weds., 7 p.m.
- 21 Point Peterson (Mixed)--Thurs., 6:30 p.m.
- Marrington Seniors (Mixed)--Fri., 10 a.m.
- Friday Nite (Mixed)--Fri., 6:30 p.m.
- Youth Leagues--Sat., 10 a.m.

**Don't miss out on the winter fun at Marrington Lanes! Call the Bowling Center at 764-7235 and sign up today!**



*Unless otherwise indicated, Liberty trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at [www.mwr.nwschs.navy.mil](http://www.mwr.nwschs.navy.mil).*

### Marksmanship, Sept. 18 & 19

Here's your chance to earn your marksman-ship ribbons through Liberty and ATP Gunshop.

The cost is \$45 for pistol or rifle and \$65 for both. Sign up in the Liberty office by Sept. 15.

### Deep Sea Fishing, Sept. 25

Experience deep sea fishing off the Charleston Coast. The price is \$70 per person, which includes rod, reel, bait, tackle and transportation. Sign up in the Liberty office by Sept. 10.

### Paintball, Sept. 26

Join Liberty at Paintball Charleston for a day full of fun! The cost is \$25 per person. Be sure to sign up in the Liberty office by Sept. 22 to reserve your spot.

### Chili Cook-off & Car Show, Oct. 2

Registration has begun for MWR's Chili Cook-off & Car Show set for Oct. 2 at Marrington Plantation. So, whether you have a prized old family chili recipe or your own new-fangled chili concoction, you'll want to be part of this year's Chili Cook-off. Win your share of \$500 in the Chili Cook-off! If you are the proud owner of a classic car, cool car or unusual car, you'll want to enter it into the car show. Trophies will be awarded in many categories! Registration is underway at the Liberty office. The deadline to enter is Sept. 22.



### Intramural fall volleyball registration

The registration deadline for intramural fall volleyball is Sept. 13. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 27. This is a Captain's Cup event. For more information, call 764-7530.

### Intramural horseshoes registration

The registration deadline for intramural horseshoes is Sept. 24. Registration will be held at the Athletics office in building 725, MenRiv Plaza. Play will begin Oct. 7. This is a Captain's Cup

event.

### Intramural disc golf registration deadline

The registration deadline for intramural disc golf is Oct. 1. Registration will be held at the Athletics office in building 725, MenRiv Plaza and the tournament will be held Oct. 11 at the disc golf course at Marrington Plantation. This is a Captain's Cup event.

How do you play disc golf? Disc golf is much like regular golf, except play is with Frisbee-type discs instead of golf balls, and the holes are baskets instead of holes in the ground. Nine holes are

strategically located throughout the disc golf course at Marrington Plantation, and the player who completes a round in the fewest number of throws is the winner!

To sign up for the intramural disc golf tournament or for more information, call 764-7530.

### Intramural kickball

The registration deadline for intramural kickball is Oct. 4. Registration will be held at the Athletics office in building 725, MenRiv Plaza. Play will begin Oct. 18. This is a Captain's Cup event.

## It's cookin' at Redbank

The Palmetto Grill serves up delicious lunches Tuesday through Thursday from 11 a.m. to 1 p.m. The Palmetto Grill continues its "Lightning Lunch" buffet for those of you with a limited time for lunch.

The buffet changes daily but it always offers at least two meats, starches, vegetables, soup, salad bar and dessert. The soup and salad bar offers two soups daily to choose from, as well as a Caesar salad. The entire buffet is \$6.50, which includes iced tea and water. The soup and salad bar is available for \$4.75 and the salad bar only is \$4, which also includes iced tea and water.

### Try the Palmetto Grill's "Blue Plate" special

In addition to the lunch buffet, the Palmetto Grill offers a "Blue Plate" special for a change of pace. The main entrée varies daily but always features the chef's special of the day, a starch (french fries, onion rings or baked potato) and a large beverage. Stop by the Palmetto Grill for lunch today! Call the Redbank Club at 764-7797 for more information.

mation.

Always remember that you can reserve the Redbank Club or Storm Pointe Conference Center for your next banquet, party or meeting, and special catering is just a phone call away. The Redbank Club books up quickly for Christmas, so book your Christmas parties ahead of time.



### Thrive to skydive!

Let Liberty and Skydive Walterboro take you on a thrilling skydiving trip Sept. 11. The cost is \$49-\$135. Sign up in the Liberty office by Sept. 8.





# Family & Housing News

## Changing furnace filters in Housing

Furnace/air conditioning filters in each Housing unit need to be changed monthly. This is very important for the performance and life of the unit. Clogged filters prevent fresh air from getting to the unit, causing them to strain to pull in fresh air, and causing multiple problems; including, freezing up, leaking, blowing out warm air vs cold air or shutting down completely.

The size of the filter will vary depending on the make and model of the unit you have. Filter sizes are located on the cardboard frame around the filter. Most filters are available at most stores with a hardware department, and even some grocery stores carry filters. The maintenance contractor changes the filter twice a year during the semi-annual preventative maintenance done in the spring and fall of each year.

If you have questions regarding the location of the filter in your unit, please contact your housing inspector.

## Veterinary clinic scheduled

Naval Weapons Station Charleston's pet policy requires routine vaccinations of cats and dogs for rabies and other diseases in accordance with federal, state and local laws and ordinances. The policy also requires micro-chipping registration, or other system of pet identification approved by the supporting veterinary office, of all pet cats and dogs brought onto government installations.

To assist pet owners in complying with the above policy, the Housing Welcome Center is sponsoring a Veterinary Clinic Sept. 22 at the gazebo next to the Self-Help Store on Fletcher Street. Charleston Air Force Base Veterinary Clinic personnel will con-

duct the clinic. Clinic services will include rabies vaccination and micro-chipping. Hours of operation for the clinic will be 9 am to 3 pm. Cash (exact amount only) or a personal check will be accepted.

## Bachelor Housing note

The Bachelor Housing front desk clerk, AM2 (AW) Robert Reinig, and the front desk supervisor, AME1 (AW) Thomas Yurczak, are acting on behalf of the Commanding Officer as BH assignment authority in assignment of berthing to residents.

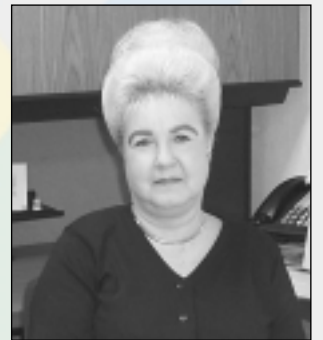
When in-processing new residents, they ensure that they have a copy of their orders and Page II (emergency data sheet), and ensure they have minimum of 120 days in the area. Some of their other duties include: Acting as initial point of contact for new residents, ensuring each new resident is provided a Welcome Aboard packet, and answering any questions about the BH complex, unit/room locations, and other building locations on board the Station. They also ensure residents understand and adhere to check-in/check-out procedures and receive the proper information pertaining to occupancy, cleanliness, and maintenance of the BH. Each new resident is provided a BH Registration card upon check-in, that is maintained by the Front Desk personnel.

Bachelor Housing personnel also ensure that residents file Intent to Vacate providing 21-day advance notice and schedule pre-termination and check-out inspections. They also input appropriate information into NAVHOMES. So, whether it's to report something broken, make a suggestion or comment, or just to ask a question, don't hesitate to call the front desk at 764-7646.

## Housing Employee Spotlight

### Brenda Bennett

Please welcome another new member to the Family Housing staff, Brenda Bennett (who says please call her Joyce). She will serve in the position of Budget Analyst for Family Housing. Her previous duty station was Space and Naval Warfare Systems Center Charleston. Her hobbies are shopping, reading, visiting with friends, and going to the movies. Her biggest interest is jewelry. Someday she would like to work in the jewelry industry in some capacity. Welcome aboard Joyce.



**MM1 and Mrs. Michael A. Halderman**  
14 Coucal Street



**SK1 and Mrs. John R. Cornett**  
19 Key Street



**SFC and Mrs. William D. Caddell**  
27 Marshall Street



**ENS and Mrs. Douglas A. Smith**  
37 Hickory Hall Lane

## August Yard of the Month

Congratulations to the following residents for being August's recipients of Yard of the Month awards. Their dedication and hard work in keeping their lawns well maintained not only enhances the appearance of the entire street but also the appearance of the entire housing area.

### Honorable Mentions:

SFC and Mrs. Anthony Richter  
9 Von Steuben Street  
ETCS Robert S. MacFarland  
44 Sunbird Street  
EM1 and Mrs. Ryan B. Nessell  
7 Edison Street  
LT and Mrs. Damon B. Heemstra  
4 Marrington Circle





### Registration for "Tiny Tots" day camp program

The Youth Center is currently accepting registration for its "Tiny Tots" day camp program. The program, for ages 3-5, will keep children busy with fun activities, such as arts and crafts, games, dancing, singing and much more. The program will start Sept. 7 and will be held Mondays through Fridays from 9 a.m. to noon at the Youth Center. The cost is \$70 per child per month, \$95 for two children and \$120 per month for three children. For more information, call the Youth Center at 764-7809.

### Youth Center offers a variety of classes

Your child has many exciting instructional classes from which to choose at the WPN-STA Youth Center. The Youth Center offers classes in karate, dance and gymnastics.

Dance classes are held every Tuesday. Classes for ages three to six meet from 2:45 to 3:45 p.m. and classes for ages six and up meet from 3:45 to 4:45 p.m. Children learn the dance steps of ballet, tap and jazz. The dance classes are \$23 per month.

If your child would like to start gymnastics, classes are offered every Wednesday. Classes for ages three to six meet from 6 to 7



**Dancers participate in one of the Youth Center's tap dance classes.**

p.m., while classes for ages six and up meet from 7 to 8 p.m. These classes are also \$23 per month.

Stop by the Youth Center and sign up for these classes or call 764-7809 for more information.



### CDH orientation slated

The next CDH orientation will be held Sept. 13 from 8:30 to 10:30 a.m., in the CDH conference room at 66 Von Steuben Street. Call the CDH staff at 764-7347 for information on the application process.

### The Child Development Center has openings!

The Child Development Center has 19 openings for ages four and five. If you have a child in this age group that needs quality childcare, contact Kathy Gerry at the Central Enrollment and Waiting List (CEWL) office at 764-7984.

## Commissary Check-Out

### Internet coupons

Commissaries are again accepting computer-generated Internet coupons with a couple of requirements to guard against fraud, Defense Commissary Agency officials announced.

Commissaries around the world recently began accepting computer-generated Internet coupons that meet the following criteria: they must have a bar code that store checkouts can scan and they cannot be for a free product. Photocopied or facsimile-generated coupons remain unacceptable at all commissaries.

"Internet coupons are a popular medium customers use to save money, so we wanted to work out a way to provide this service. We've analyzed this issue and these requirements should adequately protect us against fraud while giving our customers the kind of the service they want," said Scott Simpson, DeCA's chief operating officer.

DeCA as well as other grocery retailers had stopped accepting home-printed coupons in September 2003 as an interim measure while the grocery industry grappled with losses incurred because of their fraudulent use. Analysts estimated the loss by coupon fraud to be millions of dollars to the grocery industry, which ultimately costs consumers in the form of raised prices to recoup losses.

Later this month, the agency's Web site, [www.commissaries.com](http://www.commissaries.com), will re-establish links to Internet grocery coupon sites for the convenience of commissary shoppers.

### Case lot sale

The September "World's Biggest Case Lot Sale" is just around the corner and the lines are forming up for savings. Commissary shoppers normally save an average of 30 percent or more by using their commissary benefit regularly, but case lot sale shoppers are willing to get up before dawn, stand in line and brave the elements -

all for savings of up to 50 percent on popular paper goods, canned goods, cleaning products and much more.

"During our last worldwide sale in May, customer savings topped over \$5 million on more than one million cases of product," said Defense Commissary Agency Chief Executive Officer Pat Nixon. "But it's more than that. It's also a community event that gives neighbors a chance to have some fun, and it brings additional business and activity to the installations."

The worldwide case lot sale has been staged in September since 2001. The event proved so popular that the sale was expanded in 2004 to twice each year - May and September. Commissaries have flexibility in choosing which weekend during the designated month to hold their sale and nearly all of DeCA's 273 commissaries participate.

For September a new feature is being added to the DeCA customer Web site. Shoppers can find out the dates of their nearest case lot sale by accessing the case lot sale link on the front page of [www.commissaries.com](http://www.commissaries.com). All commissaries and their tentative sale dates will be listed in the new section. Each store location will also have a direct link to the store's "spotlighting" page where customers may find case lot sale hours for that particular store as the sale date gets a little closer. Many commissaries also list a sampling of items they plan on having at the sale.

Military retirees near Army and Air Force installations should check the new case lot sale page at [www.commissaries.com](http://www.commissaries.com) to see if their commissary is having its case lot sale during the weekend of Sept. 17-19. That will be a fun weekend for retirees near most Army and Air Force installation exchanges as they will be honored with special sales and events during the annual "Still Serving" campaign.



U.S. Navy photo

**Stella Martin shops for flashlights and batteries to add to her hurricane supply kit at the Naval Weapons Station Charleston Commissary recently.**